

# Line Dance Class

**Instructor: Suzanne King**

**Intermediate Class – 2:15 – 4:15p.m. \$30 session**

**Saturdays**

**\*First class is free!**



**Dancing is the best form of exercise for your brain and body. It is one of the top activities recommended for protection against dementia and relief of some of the symptom's of Parkinson's Disease.**

**Imperial Park Recreation Center  
234 Matlage Way, 77478**

**Facility Usage Card Required  
Call 281-275-2885 for more information.**